



ICE BREAKER

Has someone ever told you that you were doing something wrong and that you needed to stop and do whatever it was differently? How did that feel? How did you respond?

SCRIPTURE

Jonah 3:1-10 ESV

¹Then the word of the LORD came to Jonah the second time, saying, ²“Arise, go to Nineveh, that great city, and call out against it the message that I tell you.” ³So Jonah arose and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly great city, three days’ journey in breadth. ⁴Jonah began to go into the city, going a day’s journey. And he called out, “Yet forty days, and Nineveh shall be overthrown!” ⁵And the people of Nineveh believed God. They called for a fast and put on sackcloth, from the greatest of them to the least of them.

⁶The word reached the king of Nineveh, and he arose from his throne, removed his robe, covered himself with sackcloth, and sat in ashes. ⁷And he issued a proclamation and published through Nineveh, “By the decree of the king and his nobles: Let neither man nor beast, herd nor flock, taste anything. Let them not feed or drink water, ⁸but let man and beast be covered with sackcloth, and let them call out mightily to God. Let everyone turn from his evil way and from the violence that is in his hands. ⁹Who knows? God may turn and relent and turn from his fierce anger, so that we may not perish.”

¹⁰When God saw what they did, how they turned from their evil way, God relented of the disaster that he had said he would do to them, and he did not do it.

SCRIPTURE OUTLINE:

Big Idea: God responds mercifully to repentance.

Point 1. Repentance begins with hearing the Word. (vv. 3:1-4)

Point 2. Repentance involves believing the Word. (v. 5)

Point 3. Repentance requires responding to the Word (vv. 6-10)



HEAD:

1. According to this passage, what is repentance? How would you define it in your own words?
2. What confidence do you gain from knowing God is undeniable? How does this knowledge strengthen your hope for the salvation of people who do not know Jesus?
3. Based on Jonah 3, practically, what does evangelism look like?



HEART:

1. Why do you think God insisted on sending Jonah, when he could have chosen anybody, in spite of his rebellion? Where and to whom is God insisting to send you?
2. Reflect on the role of God's mercy and compassion in this story – how does understanding God's character impact how you think about, talk about, and practice repentance?
3. Jonah's message was simple; it was five words long in the Hebrew text. What is the simplest way you can share the gospel message?



HANDS:

Think about one specific area of your life where you need to repent and turn back to God. What is one tangible thing that you can do this week to turn away from that sin and turn towards God? Please write it below.



YOUR PRAYER:

Write out a three-sentence prayer based off this passage.